

**REPORT ON
CULTURAL EXCHANGE PROGRAM
UNDER EK BHARAT SHRESHTHA BHARAT**

A special initiative-

“To CELEBRATE the unity in Diversity of our Nation and to maintain and strengthen the fabric of traditionally existing emotional bonds between the people of our country”



PAIRING INSTITUTE



National Institute of Technology Sikkim

Host Institute



Delhi School of Business, Delhi

Participating Institute

Date: 15th to 19th November, 2022

Ek Bharat Shreshtha Bharat was announced by Hon'ble Prime Minister on 31st October, 2015 on the occasion of the 140th birth Anniversary of Sardar Vallabhbhai Patel. The **Ek Bharat Shreshtha Bharat** programme aims to actively enhance interaction between people of diverse cultures living in different States and UTs in India, with the objective of promoting greater mutual understanding amongst them. The underlying philosophy was to make the youth aware of our rich and diverse culture and be proud of it. Under this scheme, colleges/institutions are paired up to encourage the students from another college and volunteer them to make aware of the local culture.

The State of Sikkim and Delhi are the paired state to implement the program under **Ek Bharat Shreshtha Bharat**. Accordingly, AICTE has paired National Institute of Technology Sikkim and Delhi School of Business, Delhi for the cultural exchange program.

About NIT Sikkim

NIT Sikkim is a premier Institute offering undergraduate, post graduate and doctoral programs in the engineering background. It offers B.Tech. programs in 5 streams – Computer Science engineering, Civil engineering, Mechanical engineering, Electrical and Electronics Engineering and Biotechnology Engineering. They offer M.Tech. programs in Computer Science and PhD in all streams. The campus is nestled in the valleys surrounded by Kanchenjunga peak. It is one of the 31 national Institutes of Technology in India and has been declared as an Institute of National Importance by the Government of India. The entrance to the temporary campus in Ravangla is through an ornate gate. Cherry blossom trees in and around the campus delight the visitors.

The infrastructure includes MP Hall (Auditorium), a well stocked library, computer labs, a power generation plant, separate hostels for girls and boys, housing accommodations for Ph.D. students and guests, mess, canteen and playgrounds for different sports.

About Delhi School of Business

Delhi School of Business is located in Pitampura, New Delhi and offers a 2 year full-time PGDM program approved by AICTE, accredited by NBA and granted equivalent to MBA by Associations of Indian Universities (AIU). DSB was started in 2012 under the aegis of Vivekananda Institute of Professional Studies, a renowned name under IP University. They offer dual specialisation in Marketing, Finance, Human Resources, Data Analytics, International Business and FinTech. The campus is spread across five acres and is equipped with state-of-the-art classrooms; library with a vast collection of books, national and international journals and subscription to online data bases; Finance and Analytics labs, auditorium to seat 300 students; Vivekananda hall to seat 600 students and digitally equipped canteen.

NIT Sikkim offered to host students of Delhi School of Business under the cultural exchange program under **Ek Bharat Shreshtha Bharat**. Accordingly, 22 Management students and 2

faculty members from Delhi School of Business visited NIT from 14th November to 20th November 2022.

Experiences and Learning:

Day 0 (Day of travel 14th November, 2022)

The participants from Delhi School of Business arrived at NIT Sikkim campus at 10:30 pm and received with heartfelt welcome by the organizing team.



Day 1: (15th Nov, 2022)

The formal introductory session was organized where faculties from DSB were facilitated with a *Khada*. Dr. Pratyay Kuila, Faculty Incharge EBSB of NIT Sikkim has welcomed the participants and briefed about the program. He also highlighted the academia and other performance of NIT Sikkim.

The gathering was addressed by the Director, Professor Mahesh Chandra Govil who very beautifully said “every citizen of this country must proudly mention our Nationality, i.e. Firstly, I am Indian”. Meaning that, one must not say that he/she is from Delhi or Sikkim or Punjab. Instead of this, they must proudly mention that they are Indians. He also very nicely explained how India used to be a “*Soney ki Chidhiya*” and how everyone came to loot us. We should still consider ourselves as the same *Soney ki Chidhiya*, as we are still rich with our culture and its diversity.



This was followed by a presentation on Delhi School of Business by Prof. (Dr.) Neerja Arora.



The introductory session was concluded delicious traditional Sikkimese snacks - Sel Roti, Momos and Khapje along with flavored hot tea.

Visit to Buddha Park:

In the second half, the team has visited Buddha Park in Ravangla. It really calmed the mind and taken aback by the amazing and intricate designs in the gallery of the park depicting the life of Gautam Buddha. Even the 12 deeds demonstrating the life of Gautam Buddha towards the enlightenment really was a great lesson for all. The wishing well outside the Buddha Sanctum was also a sight in itself.



To brief here, the sculpture of Buddha in the Sanctum Sanctorum was also incredibly beautiful. The deeds which started with the 5 important decisions taken by Buddha like the place, the time, the mother, the caste and, the process of the birth. Then the deeds also explained the meaning of taking place from the right side of his mother Mayadevi signifying that everything is possible in the mortal world as well. The name of his meaning “Siddhartha” meaning “The one who makes everything possible” also states that nothing is impossible for mortals.



After enjoying the Royal princely life and getting married to the beautiful princess Yashodra and had a son named Rahul he renounced that at the mere age of 29. The renunciation was, when he saw four different types of events in front of the 4 gates opening from his palace. There he saw sickness, old age, death and a beggar monk. Then for 6 years he renounced all the worldly affairs and started meditating. After many years of solitude, he attained enlightenment. Thus started the Buddhist faith and he started preaching to his disciples who spread the learning far and wide.



Trek to Mt. Narsing Village Resort

Then, in the evening there was a trek organized for DSB students. The students were energetic during the 6 Kms long trek and enjoyed the scenic beauty of Sikkim and the view from the hilltop after the trek. The resort on the top of the hill had a culmination of all the traditional Sikkimese products and Bhutia Masks. The experience was complete along with cups of herbal organic tea and aromatic coffee.



Day 2: (16th Nov, 2022)

The programme was organized by the Students of NIT Sikkim in collaboration with the school students from nearby locality. The daylong event started with a presentation about the geographical and cultural diversity of Sikkim. The participants were made aware of the composition of Sikkim, the languages spoken, the religions, the local cultures, dress of different Sikkimese ethnic community, traditions and the foods. Students of NIT Sikkim sang the state song which praised and showed the love for Kanchenjunga and the river Teesta flowing through the state. After the presentation, a stupendous cultural performance including skits, songs and dances by students of NIT Sikkim, schools and the Kapinjal Children Home. The team was really mesmerized by such amazing performances by young children. Even the Maruni dance performance and specially the skit of India being the *Sone ki Chidhiya* left the gathering into teary eyed.

Performances

The students of NIT Sikkim regaled with their musical performances in their regional languages. The students were dressed in traditional clothes – Nepalese and Bhutia attire. Followed by the children of Kapinjal Home presented many cultural performances, skit representing the religious diversity of India and the sacrifices made by our never forgotten freedom fighters of India.

Students of NIT Sikkim performed a Maruni dance by the girls, which is the oldest and most famous dance form of Nepalese community.

The students of Delhi School of Business also performed Bhangra and other hindi dance to reflect the culture of Delhi.



Photo gallery of Day-2 Event:





Visit to the Child Helpline Centre:

After lunch, students of Delhi School of Business escorted by some students of NIT Sikkim and the EBSB co-coordinators visited Kapinzal Children's Home. The experiences and the joy have been shared with each other.



Day 3: (17th Nov,2022)

A bright and sunny morning welcomed the team to Temi Tea Garden. The troop visited Temi Tea Garden, has an insight of tea processing methods and took scenic pictures.



After that, team proceeds for sumptuous and delicious local Sikkimese lunch at the Aansham Kutir Homestay. The idea was to expose the participants in the sikkimese hospitality of local cuisine and to experience the local taste. The food comprised of Dal, Bhat, Roti, a preparation of local beans and potato, gundruk, yogurt, spinach preparations and many other dishes.



Glimpse of Sikkimese food



In the evening, a short interaction program was organized between the students of DSB and NIT Sikkim. The students and Faculty of Delhi School of Business have given feedback and the expectation on the cultural exchange program. The event was followed by the felicitation of participants with Sikkimese token of remembrance with high-tea and snacks.



Day 4: (18th Nov, 2022)

Char Dham is a huge pilgrimage & cultural complex developed by the Sikkim Government to promote Religious, Eco and Village tourism in the state. The team was taken to the premises of Char Dham at Namchi, South Sikkim. There is a huge statue of Shiva and a Shiva temple where the students and Faculty members made Puja offerings.



There were 12 Shivlings and replicas of 4 Dhams of India- Badrinath temple (North), Dwarka Dham(West), Jagannath Dham(East) and Rameshwaram Dham (South). The members of the cultural exchange programs paid obeisance at these temples and experienced spiritual peace.



Day 5: (19th Nov, 2022)

The students and Faculty of Delhi School of Business started their return journey. Mesmerized by the cherry blossom trees dotted along the roads. En route, driving through Sikkim have series of falls, lake and monastery. The waving flags (lungta) are supposed to spread positive vibes through the air and it has the same effect as chanting mantras. The different colours of the flags represent Sky, Wind, Water, Earth and Fire. In most of the local shops and taxis seen flags with the mantra OM MANI PAE MEY HUN which is considered an auspicious chant in Buddhism.



The five day long program under EBSB remain informative, educative and entertaining to the participants and host. The guest team take a leave from NIT campus saying “We found the people of Sikkim are very polite, courteous, warm and hospitable”

List of Participants for Cultural Exchange Program under Ek Bharat Shreshtha Bharat from Delhi School of Business, Delhi

Annexure-A

S. No	Name	Gender
1	Jaishree Khetarpal	Female
2	Aditi Singhal	Female
3	Ekta Goyal	Female
4	Rhythm Agarwal	Male
5	Bhavyata Channa	Female
6	Atul Goel	Male
7	Manasvi Markandey	Male
8	Somil Garg	Male
9	Jatin Aggarwal	Male
10	Harsh Vijay	Male
11	Jatin Madhok	Male
12	Anika Jain	Female
13	Divyam Manchanda	Male
14	Diksha Sharma	Female
15	Bhavika Gupta	Female
16	Ritika Goel	Female
17	Siddharth Jain	Male
18	Yatika Khandelwal	Female
19	Shubham Gupta	Male
20	Himanshu Mehta	Male
21	Sejal Malhotra	Female
22	Jagriti Madan	Female
1	Prof Neerja Arora	Female, Faculty
2	Dr. Anurag Banerjee	Male, Faculty

Coordination committee of NIT Sikkim

Programme Coordination Team:

1. Dr. Pratyay Kuila, FIC EBSB
2. Dr. S.K. Jana, FIC EBSB
3. Dr Sumit Saha
4. Dr. Ravi Srivastava
5. Dr. Molay Roy
6. Dr. Pankaj Kr. Keserwani
7. Dr. Hemant Kr. Kathania
8. Mr. Ram Nepal, Nodal Officer EBSB
9. Dr. Sumantra Bhattacharya
10. Dr. Kriti Tiwari
11. Mr. Amit Tamang
12. Mr. Pawan Kr. Kathania
13. Mr. Anil Gurjar
14. Mrs. Tshering Zangmo Bhutia
15. Mrs. Nishita Chettri
16. Ms. Chanda Moktan
17. Ms. Chandra Rai
18. Ms. Sonam Choden Tamang
19. Mr. Sidharth Pradhan
20. Mr. Manish Kumar
21. Mr. Mahavir Gurjar
22. Ms. Kavita Pradhan

Program Schedule for EK Bharat Shrestha Bharat (EBSB), Cultural Exchange Program

Name of Participating Institute: **Delhi Business School, Delhi**

Date: **15th to 19th November 2022**

Date	Day	Activities	Time
15 th Nov. 2022	Day-I	Reporting at MP Hall Brief introduction on EBSB and NIT Sikkim by Dr. Pratyay Kuila, Dean R&C Introduction of participants Introduction by Prof. Neerja Arora, DBS Address of Director, NIT Sikkim Vote of thanks Break for Hi-Tea Conclusion of introductory session Trekking to Buddha Park Lunch Break (at Institute) Visit to nearby village (14 th Mile, Allubari farm)	10:00 to 11:30 am 11:30 to 1:30 pm 1:30 to 2:30 pm 2:30 pm onwards
16 th Nov. 2022	Day-II	Cultural Events at MP Hall Program of Students from the School Program from Students of NIT Sikkim Program from Student of DBS Presentation of Sikkimese culture, dress, food, language, tradition, places etc. Lunch Break Campus Visit Interaction with the students, faculty and staff members	10:00 to 1:30 PM 1.30 to 2.30 pm
17 th Nov. 2022	Day-III	Visit to Mountaineering Training Institute at Chemchey, Visit to Temi Tea Garden, Lunch Break at Tarku Visit of traditional carpet weaver at Tarku Visit and interaction with home stay entrepreneurs at lower tarku.	Whole Day
18 th Nov. 2022	Day-IV	Visit to Sandruptse, Blind School, Handi craft unit and Chardham, at Namchi Lunch Break at chardham Visit to organic farm at Jaubhari and Interaction with farmer/agriculturist/ Farmer organisation (on the way back to Ravangla)	Whole day
19 th Nov. 2022	Day- V	Preparation of Report based on visit & interaction, presentation of report, Feedback of participants Conclusion of Programme Lunch Break Visit to Ravangla Market	10: 00 to 12:30 12:30 to 1:30 pm